

ST. JOSEPH'S CATHOLIC PRIMARY SCHOOL BUNDABERG

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Newsletter Term Four Week 3

22 October 2025

Principal's Pen - Monica White

Dear Parents and Carers,

As you may be aware as of the 10th of December 2025, many social media platforms won't be allowed to let Australians under 16 create or keep an account.

The changes aim to protect under-16s from pressures and risks they can be exposed to while logged in to social media accounts. These come from design features in the platforms that:

- encourage them to spend too much time on screens
- increase the likelihood of exposure to negative, upsetting or manipulative content served up in their feeds by algorithms.

These features have been linked to harms to health and wellbeing – including increased stress levels, anxiety, and reduced sleep and concentration.

Other risks social media pose that young people can also be exposed to harmful conduct such as cyberbullying or inappropriate materials, such as pornography or violence.

The Catholic School Parents Queensland encourages families to register for a 30 minute webinar conducted by the <u>eSafety Commissioner</u>. These information sessions for parents and carers; educators and youth-serving professionals to understand the changes, their purpose and implications.

Parents and carers will gain:

- a clear understanding of the new rules and their implications
- confidence in guiding their child through these changes
- access to trusted resources to support safe and positive online engagement.

The eSafety Commissioner is running a number of these webinars – 14th, 19th & 20th of November; 2nd, 8th and 15th of December. You can register for these sessions by following the link below:

Register Here:

https://www.esafety.gov.au/parents/webinars

Monica White



From the APRE - Laura Campbell

Greetings to our Families,

Turtles on the beach!

Today we rang our school bells to share the important news that the turtles have returned to Mon Repos.

As a Reef Guardian School, it is important that our efforts to protect the reef and its creatures are recognised. All of our recycling, reusing and rubbish reduction means that the Great Barrier Reef and her animals have a better chance to flourish and live.

This morning at 10am, Isobella, Tyde and Liliana rang the school bells to let everyone know that the turtles have once again returned to the shores of Mon Repos.



Children's Mass



This week I would like to invite our families and students to attend the Children's Mass at St Patrick's Church this weekend, 26th October. I am always on the lookout for children to participate in the Mass. I often need children to proclaim the readings, say the Prayers of the Faithful or offer the gifts.

I would like to say a **Big Thank You** to the families who are able to contribute to these Masses.

Crazy Sock Day

This Friday, St Joseph's will be involved in raising funds for Catholic Missions Australia. These funds will provide families in Zambia with the means to feed themselves and provide education for their children.

We are asking for students to make a donation and wear some Crazy Socks for the day.

You can find out more about Socktober by clicking on the image.





Have a blessed week Laura Campbell

Curriculum Corner – Emma Robinson



Each week this term, I am sharing a new maths activities for you to explore at home with your child/ren. These suggestions are designed to be fun, engaging and directly connected to the curriculum.

Remembering

Building strong memory skills helps children recall numbers and important details. Try these simple home activities:

- > Telephone numbers: begin with asking your child to repeat back two or three digits; as they grow more confident, increase the length and include family numbers like their own or grandparents'.
- Addresses: support them in learning their home address and perhaps that of a grandparent or close friend.

- Car registration plates: invite them to note down and remember licence numbers of passing vehicles.
- > Birthdays: encourage children to memorise the birth dates of relatives and friends.
- Event times: challenge them to recall start times for special occasions or appointments.

Occasionally review what they've memorised and talk about the strategies they used. This reflection deepens their understanding of how memory works and boosts their confidence.

Source: ACU~ Mathematics Teaching and Learning Centre>A Guide for Parents of Primary School Aged Children: Helping your Children with Mathematics. 18 September 2025

~RUMBLE'S QUEST ~

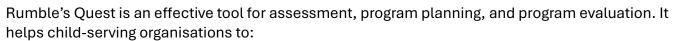
This term, students from Years One to Six will participate in Rumble's Quest. Rumble's Quest takes

students approximately 45 minutes to complete this will be done in class. The data collected from the games is used to support our students' well-being and to inform teaching and learning strategies.

**We request that parents log on to the Orbit App or Parent Lounge and complete the permission form by 5th November.

What Is Rumble's Quest

Rumble's Quest offers a scientifically validated process for assessing multiple dimensions of child wellbeing. It uses ageappropriate methods that are designed to help 6-to-12-year-old children report directly about the way they experience the world.



- understand children's strengths
- plan supportive action in response to identified opportunities for growth
- review the effects of those actions once undertaken.

What Rumble's Quest Measures

Rumble's Quest provides primary school children with an opportunity to report their own wellbeing across four domains central to their lives at this stage of development:

- Attachment to school
- Emotional and behavioural self-regulation
- Social confidence with respect to peer relationships
- Supportive environments and relationships with caring adults

The game incorporates fun tasks that challenge children to exercise executive skills such as working memory, cognitive flexibility, impulse and attention control.

Information sourced: https://www.realwell.org.au/rumbles-quest/. 20 October 2025

Have a happy Wednesday!

~ Emma Robinson

Assistant Principal of Curriculum

Finance News

Fees were issued on October 17 via Parent Orbit / Lounge and are **due for payment on October 31**, unless you have a payment plan in place. If you have a regular payment plan in place this merely serves as a statement for your records. Take time to review your statement and make immediate payment of any outstanding fees if necessary. A reminder to please check your junk box if think you haven't received your statement.



Parent Forum





Orders close THURSDAY 30/10/25 at Midday



St Joseph's P&F Term 4 Lunch Order Overview

Week 2 - 17 October - SUBWAY Week 4 - 31 October - PIZZA HUT

Week 5 - 7 November - BRO'S BAKERY

Week 7 - 21 November - SUBWAY

If you are available to help serve Pizza & Bakery lunch orders (approx. 10:30-11:00am), please contact the school office











Prep 2026 Information Session



Prep 2027



Student of the Week

Term 4 Week 2

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- P Harlow, for being a shining star in our Prep! You always try your best; you are a kind friend and an excellent role model to your classmates.
- 1 Alayna, Emersyn and Kiara, for being inclusive, cheerful and just learning partners.

Norie for your wonderful participation in our class discussions. Thank you for sharing your thoughts with us. Well done.

- Tayla for being a helpful learning partner. I love the way that you look after your classmates. Well done.
 - **Oliver for** putting your best work into your spelling and reading tasks this week. Well done and keep up the great work!
 - **Sam,** for always joining in and being a positive member of our class. We love working with you.
- 4 Jasmine, for her amazing effort in science this week!
- **Rvardios,** for getting into your writing this week. You are starting to create paragraphs in no time! Keep it up!
- Rhys and Cooper, for your focus and ready to learn attitude this week. Keep it up!

Catholic Parish of Bundaberg



Click here for the latest issue of the Catholic Parish of Bundaberg Newsletter

Student Achievement



Congratulations to Ace who received the Player of the Match while competing in the Junior Australian Nationals for OzTag.

Term Four Calendar 2025

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
1	6 th Oct	7 th Oct	8 th Oct	9 th Oct	10 th Oct	11/12 Oct
	King's Birthday Holiday	Term 4 Starts			Year 5 Prayer Assembly	
2	13 th Oct	14 th Oct	15 th Oct	16 th Oct	17 th Oct	18/19 Oct
	Board Meeting	P&F Meeting	Prep 2026 Parent Information Night		Year 1 Prayer Assembly	
3	20 th Oct	21st Oct	22 nd Oct	23 rd Oct	24 th Oct	25/26 th Oct
					Crazy Sock Day	
	27 th Oct	28 th Oct	29 th Oct	30 th Oct	31st Oct	1/2 Nov
4		Prep Transition			Year 2 Prayer Assembly World Teachers Day Day for Daniel	All Saints/All Souls
	3 rd Nov	4 th Nov	5 th Nov	6 th Nov	7 th Nov	8/9 Nov
5		Melbourne Cup Day	Prep Transition	Prep vision screening	Prep Prayer Assembly Chess Tournament	
6	10 th Nov	11 th Nov	12 th Nov	13 th Nov	14 th Nov	15/16 Nov
	Board Meeting	Remembrance Day			Year 6 Prayer Assembly Prep 2026 Parent/Teacher Interviews	
	17 th Nov	18 th Nov	19 th Nov	20 th Nov	21 st Nov	22/23 Nov
7	Enrichment - Yrs 1 & 2 PSDE Year 5	First Aid Training Enrichment - Yrs 3 & 4	PSDE Year 6 Enrichment - Prep		Year 4 Prayer Assembly Enrichment - Yrs 5 & 6 Prep 2026 Parent/Teacher Interviews	
8	24 th Nov	25 th Nov	26 th Nov	27 th Nov	28 th Nov	29/30 Nov
			Year 6 Celebration Day		Year 3 Prayer Assembly Whole School Transition	
9	1 st Dec	2 nd Dec	3 rd Dec	4 th Dec	5 th Dec	6/7 Dec
	Christmas Concert		Year 6 Grad		End of Yea	

Out and About



Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- $\checkmark\,$ Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops



1300 610 355 saverplus.org.au







